



HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI

EUROPEAN FIRST YEAR EXPERIENCE CONFERENCE

HELSINKI MAY 13 - 15, 2013



EUROPEAN FIRST YEAR EXPERIENCE CONFERENCE MAY 13 - 15, 2013

CONTACT INFORMATION:

**Education Services
University of Helsinki**

efye-2013@helsinki.fi

CONFERENCE VENUES:

University of Helsinki Main Building
Fabianinkatu 33

Porthania Building
Yliopistonkatu 3

Banquet Rooms in Unioninkatu
Unioninkatu 33

Information in this guide might change
without prior notice.

CHECKLIST FOR THE EUROPEAN FIRST YEAR EXPERIENCE CONFERENCE

- All conference participants are provided with a University of Helsinki temporary IT permit, which enables you to access the University network. Therefore do not hesitate to bring your own laptop.
- All main sites of the University of Helsinki are covered with Wi-Fi. It is also possible to use the eduroam service while in Helsinki.
- Transportation from the Helsinki International Airport is possible either by bus or taxi, departing in front of the terminals.
 - Bus 615 offers a connection to the Helsinki Central Railway Station. The one way fare is 4.50 euro. Detailed timetables are available at <http://www.hsl.fi/EN/> > in the timetable search box put in number 615.
 - The Finnair Airport Bus also offers a connection from the airport to the Central Railway Station. The one way fare is 6.20 euro.
 - If you decide to take a taxi the cost is around 45-50 euro from the airport to the city centre.
 - From the Central Railway Station (the final stop for the buses from the Airport) you can either walk to your hotel or use Helsinki's efficient public transportation.
 - A great help when you need to figure out how to get from point A to point B in the Helsinki Metropolitan area, e.g. how to get from the railway station where the airport bus stops to your hotel, is the Journey Planner website. You just type in the address of your starting point (e.g. Railway Station, Helsinki) and the address of your destination and the website will give you the itinerary, including public transportation schedules and walking directions. The Journey Planner website can be found at <http://www.reittiopas.fi/en/>.
- In case you need to visit the pharmacy during your visit in Helsinki the place to go is called "apteekki" in Finnish. Central Helsinki has several pharmacies and the best way to recognize them is the green cross – sign.
- ATM's are available throughout the city and they are called the "Otto-machines" in Finnish. ATM's enable you to withdraw cash also with internationally recognized credit cards.



- In case you need to get a taxi during your visit in Helsinki you can either order the taxi by calling 0100 0700 or going directly to a taxi-stand.
- The weather in Helsinki in May is likely to be quite variable. Current weather conditions in Helsinki are available from the Finnish Meteorological Institute's website. The average temperatures are likely to be somewhere around + 15 °C.
- Helsinki also offers lots of shopping possibilities. Central Helsinki offers shopping malls such as Forum, Kamppi, Kluuvi and Galleria Esplanad. Central shopping streets such as Aleksanterinkatu and Fredrikinkatu can also be found straight from the city centre.

ACCOMMODATION

The conference organisers have reserved a room quota for the participants in the EFYE 2013 conference at some of the hotels in the city centre. A list of the hotels can be found at <http://blogs.helsinki.fi/efyehelsinki2013/accommodation/>.

The room reservation has to be made directly to the hotel. Please remember to include the booking code when making the reservation. The room fee is also paid directly to the hotel.



GENERAL INFORMATION ABOUT HELSINKI

Helsinki, the capital of the Republic of Finland, is a modern city with over half a million residents and is situated on the Baltic Sea.

MEETING POINT OF EASTERN AND WESTERN CULTURES

The lifestyle in the second-most northern capital city in the world is full of contrasts and activities in the form of hundreds of events and friendly people. Helsinki's identity has been formed by cultural influences from both the East and West.

The archipelago that surrounds Helsinki with hundreds of tiny islands creates an idyllic environment for cruises, for example.

Over 450 years of history, several architectural layers and the impact of different periods can be clearly seen in Helsinki. Finnish design has also made the country's capital city world famous. Helsinki was appointed the World Design Capital for 2012. The beauty of the surrounding nature blends seamlessly together with high-tech achievements, while old traditions mix with the latest contemporary trends.

The city centre has many beautiful parks, and the nearby forests offer an ideal setting for peaceful and quiet walks.

Helsinki's rhythm is laid back yet at the same time refreshingly active in terms of both the number and quality of restaurants and nightclubs.

Everything is nearby – Helsinki is a pocket-sized metropolis that is ideal for visitors!

TIPS FOR FREE TIME

The City of Helsinki and the whole metropolitan area offers various ways to spend your free time ranging from sports to cultural events. The city also offers lots of free activities as the museums operated by the City of Helsinki carry no entrance fees. Many museums operated by the state also offer free entrance usually once a week.

One of the nicest and most popular ways to discover the City of Helsinki is to take the Tramline 3T which basically goes around central Helsinki in a circle shaped route. You can hop on and off when you want to.

MUSEUMS WITH FREE ENTRANCE

Worker Housing Museum, Kirstinkuja 4, Hours: Wed–Sun 11:00–17:00

Tram Museum, Töölönkatu 51.
Hours: Daily 11:00–17:00.

OTHER MUSEUMS

The National Museum of Finland, Mannerheimintie 34. Hours: Tue–Sun 11:00–18:00. Free admission on Fridays 16:00–18:00.

Kiasma - Museum of Modern Art, Mannerheiminaukio 2. Hours: Tue 10:00–17:00, Wed–Fri 10:00–20:30, Sat 10:00–18:00, Sun 10:00–17:00.

Ateneum – Finnish National Gallery, Kaivokatu 2. Hours: Tue, Fri 10:00–18:00, Wed, Thu 10:00–20:00, Sat–Sun 11:00–17:00.

The Sports Museum of Finland, Olympic Stadium. Hours: Mon–Fri 11:00–17:00, Sat–Sun 12:00–16:00.

Helsinki University Museum Arppeanum, Snellmaninkatu 3. Hours: Tue–Fri 11:00–17:00, Sat–Sun 11:00–16:00.

OTHER INTERESTING SITES

Tempeliaukio Church, Lutherinkatu 3. Hours: Mon–Sat 10:00–17:00, Sun 11:45–17:00. Free entrance.

Market Square, South Harbour. Hours: Mon–Fri 6.30–18, Sat 6.30–16.

Hakaniemi Market Hall, Hours: Mon–Fri 8–18, Sat 8–16.

Kotiharjun sauna, Harjutorinkatu 1, Telephone: (09) 753 1535. Hours: Tue–Sat 14:00–20:00.



Photo: Päivi Tauriainen

Green Balls- marmalade sweets have been manufactured in Finland since 1929 and they have gained their place e.g in Finnish Christmas table.

POPULAR FINNISH BRANDS TO TAKE HOME

- Aarikka
- Angry Birds
- Arabia
- Fazer
- Finlandia Vodka
- Fiskars
- Globe Hope
- Iittala
- Ivana Helsinki
- Kalevalakoru
- Marimekko
- Moomi
- Nokia
- Rapala
- Reinot
- Salmiakki candy
- Suunto
- Wild berry liqueurs (cloudberry, cranberry, lingonberry)

SHOPPING

- Forum Shopping Mall
- Kamppi Shopping Mall
- Anttila Department Store
- Sokos Department Store
- Stockmann Department Store
- Galleria Esplanad
- Markets and Market Halls in Helsinki
- Itis shopping center (15 min with the Metro to Itäkeskus)
- Souvenires and hand made products: **Taito Shop, Anne's Shop, Artisaani, Hakaniemen kauppahalli**

WEBSITE: BLOGS.HELSINKI.FI/EFYEHLSINKI2013/



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