**55 ITEMS FOR PARANORMAL (MAGICAL, SUPERSTITIOUS, SUPERNATURAL) BELIEFS**

**Information**:

Because the items on the the Revised Paranormal Belief Scale (Tobacyk, 2004) cover only some aspects of superstitious, paranormal, supernatural and magical beliefs, we have supplemented the scale with additional items to cover a wider spectrum of beliefs.

**References:**

Lindeman, M., & Aarnio, K. (2007). Superstitious, magical, and paranormal beliefs: An integrative model. Journal of Research in Personality, 41, 731-744.

Tobacyk, J. (2004). A revised paranormal belief scale. International Journal of Transpersonal Studies, 23, 94-98.

**Instruction and scale:**

The participants are asked to indicate whether they agree with the 55 statements (1 = strongly disagree, 5 = strongly agree)

**Items:**

|  |  |
| --- | --- |
|  | PARANORMAL AGENTS |
| Extraterrestrial beings | 1. Some sightings suggest that there are humanlike creatures in space
 |
|  | 1. Some UFOs (Unidentified Flying Objects) are probably spaceships of aliens
 |
|  | 1. Crop circles, which have appeared in fields, are traces left by spacecrafts
 |
|  | 1. Ufo abductions, in which aliens abduct a human, have happened
 |
|  | 1. Some of the light phenomena of the sky cannot be explained by anything else than the over flight of spacecrafts
 |
|  | 1. Alien visits on Earth have been able to be proved by the objects the aliens left and which include material unknown on the Earth
 |
|  | 1. There is life on other planets \*
 |
| Ghosts | 1. Ghosts exist
 |
|  | 1. It haunts in some places
 |
|  | 1. Those who have died a violent death return as ghosts to their place of death
 |
| Witchcraft  | 1. Black magic really exists \*
 |
|  | 1. Witches do exist \*
 |
|  | 1. Through the use of formulas and incantations, it is possible to cast spells on persons \*
 |
|  | 1. There are actual cases of witchcraft \*
 |
|  | PARANORMAL ABILITIES OF HUMAN BEINGS |
| Extrasensory perception | 1. Some people are capable of transferring thoughts telepathically
 |
|  | 1. Some people have an ability to perceive hidden objects without physical (known) senses
 |
|  | 1. Mind reading is not possible (R) \*
 |
|  | 1. Some individuals are able to levitate (lift) objects through mental forces \*
 |
|  | 1. Psychokinesis, the movement of objects through psychic powers, does exist \*
 |
|  | 1. A person’s thoughts can influence the movement of a physical object \*
 |
| Spiritualism | 1. Your mind or soul can leave your body and travel (astral projection) \*
 |
|  | 1. During altered states, such as sleep or trances, the spirit can leave the body \*
 |
|  | 1. Reincarnation does occur \*
 |
|  | 1. It is possible to communicate with the dead \*
 |
|  | ASTROLOGY |
| Astrology | 1. Knowledge about an individual’s personality can be achieved through astrology
 |
|  | 1. A horoscope carefully devised by a professional describes a person’s future reliably.
 |
|  | 1. The position of the stars at the time of birth influences personality
 |
|  | 1. Astrology is a way to accurately predict the future \*
 |
|  | 1. The horoscope accurately tells a person’s future \*
 |
|  | RELIGION |
| Religious beliefs | 1. The soul continues to exist though the body may die \*
 |
|  | 1. There is a devil \*
 |
|  | 1. I believe in God \*
 |
|  | 1. There is a heaven and a hell \*
 |
|  | FENG SHUI |
| Feng shui | 1. Furnishing according to the principles of feng shui balances your environment and thus effects your health and success in a positive way
 |
|  | 1. There should not be items in front of the outer door that hinder the flow of life energy inside the house
 |
|  | 1. The northern side of the housing is the side of the water element; therefore blue and black as well as a fountain and a fish pool balance the energy of this area
 |
|  | 1. You should not place cactuses at home or at your office because they may bring about imbalance
 |
|  | 1. You should not have a TV in the bedroom because the screen superimposes too strong life energy to make peaceful sleep possible
 |
|  | LUNAR EFFECTS |
| Lunar effects | 1. Lunar madness does exist
 |
|  | 1. Moon's gravitational forces cannot affect a person's mental well-being (R).
 |
|  | 1. The moon has an influence on how farming pans out
 |
|  | 1. Moon's position (e.g., full moon) affects fertility
 |
|  | 1. Full moon deteriorates some people's mental health
 |
|  | 1. People are more violent than usual during the full moon
 |
|  | 1. People are more active than usual during the full moon
 |
|  | 1. Moon's position may influence people's behavior
 |
|  | LUCK BELIEFS |
| Amulets | 1. Amulets, for instance a specific piece of jewel, bring good luck
 |
|  | 1. By using a lucky charm people can protect themselves against illnesses
 |
|  | 1. It is useful to carry some lucky charms in exciting situations to guarantee success
 |
| Rituals | 1. Going through some rituals before an exciting event can bring good luck
 |
|  | 1. When talking about luck, it is useful to knock on wood so that the luck doesn't turn away
 |
|  | 1. I don't believe that rituals have an influence on success (R)
 |
| Omens of luck ¹ | 1. Black cats can bring bad luck \*
 |
|  | 1. If you break a mirror, you will have bad luck \*
 |
|  | 1. The number “13” is unlucky \*
 |

\* From Tobacyk’s Revised Paranormal Belief Scale.

¹ Called ‘Superstition’ in Tobacyk’s scale

(R) = reverse scored

Yellow Do not necessarily satisfy the criteria of supernatural / paranormal / magical / superstitious beliefs (see e.g., Lindeman, M., & Svedholm, A. M. (2012). What’s in a term? Paranormal, superstitious, magical and supernatural beliefs by any other name would mean the same. Review of General Psychology, 16(3), 241-255. doi: 10.1037/a0027158)