**ATTITUDES TOWARD COMPLEMENTARY AND ALTERNATIVE MEDICINE**

**Information:**

The test assesses belief in complementary and alternative medicine (CAM) and /or use of CAM.

**References:**

Lindeman, M. (2011). Biases in intuitive reasoning and belief in complementary and alternative medicine. Psychology and Health, 26, 371-382. doi: 10.1080/08870440903440707

**Instruction:**

Belief in CAM:The participants are asked about their belief in the following CAM treatments (0 = cannot say, 1 = do not believe at all, 5 = believe fully.)

Use of CAM: The participants are asked: ‘How often have you used the below-mentioned treatments, or other treatments which you classify as alternative medicine, during the last year?' (1 = never, 2 = once, 3 = two or three times, 4 = few times, 5 = monthly, 6 = weekly, 7 = daily).

1. Oriental medicine
2. Yoga, relaxation or meditation in treatment of illnesses
3. Homeopathy
4. Energy healing (treatments of blockages within the energy channels or meridians in the body, such as Shiatsu)
5. Megadose vitamin and micronutrient therapy
6. Aromatherapy (use of ethereal oils from plants)
7. Naturopathy such as herbal therapy or stone therapy
8. Life force and spiritual energy healing, such as Reiki
9. Treatments based on the four elements of the human body (earth, water, fire and air), such as Ayurveda
10. Spiritual healing
11. Distance healing
12. Anthroposophic medicine based on Rudolf Steiner’s anthroposophical philosophy