

Pre-assignment: As an academic expert into worklife – reminiscing the future

To be returned with the application form.

People are future-oriented by nature. The future is reflected in our thoughts through expectations and plans. When making the transition into worklife, students ponder questions such as: What are my competence areas? What kind of possibilities are open to me? What kind of work would I like to do? Thinking about different scenarios is one way of working towards a good future.

When reminiscing the future, it is seen as a satisfactory state with no major problems. The problems present today are seen as belonging to the past, which enables possible solutions to become visible. The aim of the exercise is to recognize processes, events and strategies which enable the realization of a good future.

In your thoughts, move to a point e.g. three years from now, where you have made the transition to worklife and have a good job.

“My job is meaningful and rewarding. I can utilize my competence areas and develop my skills constantly. Every now and then there are demanding situations and boring days, but generally speaking I enjoy myself. I receive constructive and supportive feedback from my colleagues.”

Based on this kind of situation, reflect on the following questions and write 1-2 pages:

- What kind of work do you do?
- Where do you work?
- What brings you joy in your work?
- What have been the key events in your transition into worklife? What happened?
- What have you done yourself, and where were you able to get help from others?
- Did you have concerns about the transition and what helped you deal with those?
- Are some issues still pending?
- What will you do next?

Please submit your text as a PDF file on the application form.