

Rutiiniksi

**Early intervention in maternity and child health clinics,
in order to prevent the consequences of domestic violence**



The Rutiiniksi project was found out of the need to study, assess and further develop methods used in maternity and child health clinics to recognise the risk of intimate partner violence and prevent its consequences.

Based on the project, a common national form will be created for identifying violence. This form will be used in maternity and child health clinics as a tool for intervening in intimate partner violence. The project supports the introduction of the new form and coherent practices, as part of implementing the obligations under the relevant government decree (338/2011).

Project goals

The Rutiiniksi project both supports and assesses existing tools for identifying violence, while also further developing the methods employed following such an assessment. The project

- collects information on the tools used to identify violence in maternity and child health clinics and services, on a national scale
- produces information on the usability of tools in recognising violence as part of intervention
- creates common practices for the prevention of domestic violence
- trains health care staff in maternity and child health clinics to recognise and intervene in cases of violence
- supports the work of maternity and child health clinics and the well-being of families with children

The Rutiiniksi 2011–2013 project is coordinated by the Palmenia Centre for Continuing Education of the University of Helsinki. It is being realised in cooperation with the National Institute for Health and Welfare. The project involves development and research. It also takes account of the objectives of the Action Plan to Reduce Violence Against Women 2010–2015, in so far as they concern the development of the work of maternity and child health clinics.

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