

Concussion in sports

During the last decade, increasing awareness about the potential consequences of concussions has raised significant interest in players, their proxies, medical professionals, and other stakeholders

There are conflicting views on the medical aspects of sports concussions, varying from trivial injuries to those posing risk for severe sequels such as second impact syndrome and chronic traumatic encephalopathy

Sponsors



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neo
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Need for common practises

Currently, the practices in diagnosing and treating sports concussions are variable, depending on sports, teams, and personnel, which may create unnecessary concerns or risk optimal recovery. Thus, there is a need for consensus recommendations

Organizers University of Helsinki
Heads in the Game –project, Scandinavian Neurotrauma Committee and Finnish Consortium for Brain Trauma in sports



Sport concussion symposium 2016

University of Helsinki,
Main building,
(Fabianinkatu33),
Small hall, 4th floor
Finland



First sport concussion
symposium in
Finland:
SPOC2016

Submitted abstracts for poster
session are welcome.
We welcome
all interested
in sports.

For more details visit:

blogs.helsinki.fi/sportconcussionsymposium

Prof. Laura Hokkanen
President of the Symposium

Consensus meeting for organizers

Preceding symposium, on the 17th
Nov, the organizers, the speakers of
the symposium and main stakehold-
ers will have a full-day structured con-
sensus process to discuss the results
of the 5th International Consensus
Conference on Concussion in Sport in
Berlin in October 2016, and address
the need of Scandinavian guidelines.
These will be presented and discussed
in the Symposium.

Program Nov 18, 16

10.00-10.15	Opening remarks Prof. Laura Hokkanen, Univ. of Helsinki
10.15-11.00	What is a concussion? Dr. Martin Raftery, World Rugby, Dublin, Ireland
11.00-11.45	Symptoms and recovery from concussion Prof. Grant Iverson, Harvard University, USA
12.00-13.00	Lunch
13.00-13.30	Concussion at the sportsfield – practical aspects Dr. Teemu Luoto, Tampere University Hospital
13.30-14.00	Injuries and brain injuries in men's and women's international ice hockey Dr. Markku Tuominen, IIHF Medical Committee
14.00-14.30	Coffee & Posters
14.30-15.30	Assessment and return to play protocols – Finnish practices: Cognitive assessment and interventions - Kati Peltonen, Univ. of Helsinki Motor assessment and RTP - Matti Vartiainen, Univ. of Helsinki Examples of concussion management in teams - Tiina Laitala-Leinonen, Univ. of Turku
15.30-16.30	International recommendations for concussion in and out of professional sport: The International Consensus Guidelines in sports concussion - Grant Iverson The Scandinavian Guidelines in concussion - Adj. Prof. Olli Tenovuo, Univ. of Turku
16.30-17.00	Panel discussion and closing remarks

